

# Chhindwara University, Chhindwara (M.P.)

SYLLABUS OF ~~M.A./M.Com./M.Sc./M.H.Sc~~ PREVIOUS/FINAL OR SEMESTER

M.Sc. (H.Sc.)  
Human Development-  
IV Sem.

Name of Paper	Title of paper	Max. Marks			Minimum Marks			Total Marks
		Theory	CCE	Practical	Theory	CCE	Practical	
Paper I	Advance Study in Human Development	40	10	NIL	15	04	NIL	50
Paper II	Person's with special Needs - II	40	10	50	15	04	20	100
Paper III	Principles of Guidance and counselling II	40	10	50	15	04	20	100
Paper IV	Mental Health and Psychopathology	40	10	—	15	04	NIL	100
Project		100	—	—	40	—	—	100

Board of Studies:

I. Chairman — Dr ARCHANA MATHEW — A. Mathew

II. Subject Expert —

1. Dr. A. Munje — A. Munje

2. Dr. D. Shandilya — D. Shandilya

3. Dr. A. Pandey — x

4. Dr. M. Rathi — x

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# Chhindwara University, Chhindwara (MP)

## Syllabus of M.Sc. (H.Sc.) (H.Sc.)

### Subject-**Human Development**

Syllabus opted by the Board of Studies in human development Chhindwara University

S.No.	Semester	Paper	Title of the Paper	Maximum Marks	Total
3.	III Semester	Theory	<b>First</b> – Advanced study in Human development-I	50	200
			<b>Second</b> – Persons with Special Needs -I	50	
			<b>Third</b> – Principles of Guidance and counseling –I	50	
			<b>Fourth</b> – Mental Health and Psychopathology-I	50	
		Practical	<b>Second</b> – Persons with Special Needs -I	50	100
			<b>Third</b> – Principles of Guidance and counseling –I	50	
4.	IV Semester	Theory	<b>First</b> – Advanced study in Human development-II	50	200
			<b>Second</b> – Persons with Special Needs – II	50	
			<b>Third</b> – Principles of Guidance and counseling – II	50	
			<b>Fourth</b> – Mental Health and Psychopathology-II	50	
		Practical	<b>Second</b> – Persons with Special Needs – II	50	100
			<b>Third</b> – Principles of Guidance and counseling – II	50	
		Project Work		100	100

A. Malhotra

Dr. D. S. Singh

Dr. S. K. Singh

# CHHINDWARA UNIVERSITY, CHHINDWARA

Department of Higher Education, Govt. of M.P.

Post Graduate Semester wise Syllabus

as recommended by Central Board of Studies and approved by the Governor of M.P.

उच्च शिक्षा विभाग म.प्र. शासन स्नातकोत्तर कक्षाओं के लिये सेमेस्टर अनुसार पाठ्यक्रम

केंद्रीय अध्ययन मण्डल द्वारा अनुशंसित तथा म.प्र. के राज्यपाल द्वारा अनुमोदित

Session 2019-2020

Class/कक्षा	: M.Sc.
Semester/सेमेस्टर	: IV
Subject/विषय	: Human Development
Title of Subject Group	: Advanced Study in Human Development-II
विषय समूह का शीर्षक	:
Paper No./प्रश्नपत्र क्रमांक	: I
Compulsory/अनिवार्य या Optional / वैकल्पिक अनिवार्य	: Compulsory
Max. Marks अधिकतम अंक	: 50

## Particulars/विवरण

Unit-1	Old age <ul style="list-style-type: none"><li>• Characteristics of old age</li><li>• Developmental tasks of old age.</li><li>• Physical aspects of aging</li><li>• Change in cognitive abilities.</li></ul>
Unit – 2	Grand Parenthood-Intergenerational relations <ul style="list-style-type: none"><li>• Impact of retirement</li><li>• Psychological Adjustment</li><li>• Financial Adjustment</li><li>• Social Adjustment</li></ul>
Unit – 3	Atchley's views of retirement. Stages of retirement <ul style="list-style-type: none"><li>• The preretirement phase</li><li>• The Honeymoon phase.</li><li>• The disenchantment phase</li><li>• The reorientation phase</li><li>• The stability phase.</li><li>• The termination phase</li></ul>
Unit-4	Mental and Behavioral problem in late adulthood (old age) <ul style="list-style-type: none"><li>• Dementia</li><li>• Parkinson's disease</li><li>• Alzheimer's disease</li><li>• Depression.</li></ul>
Unit-5	Death and Bereavement <ul style="list-style-type: none"><li>• Death and dying</li><li>• Attitude towards death</li><li>• Stages of death.</li><li>• Bereavement and grief.</li></ul>

A. Malik

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Shankar



Suggested Readings :

1.	Lifespan development third edition Jeffrey s Turner Donald B. Helms Holt Rinehart Winston.
2.	Human development 9 <sup>th</sup> edition Diana E. Papalia Ruth Duskin Feldman Tata Me Grew Hill Publishing Company Limited New Delhi.
3.	Developmental psychology 5 <sup>th</sup> edition Elizabeth B Hurlock Tata McGraw Hole Publication company ltd. New Delhi.

The scheme of examination and the allotment of marks shall be as under

Sections / Part	Questions Type	Marks Distribution	Remark
Section-A	Objective Type Questions (At least one question to be set from each unit)	1x5=05 Marks	05
Section-B	Short Answer Type Question (Two questions to be set from each unit and one from each unit to be attempted)	2x5 =10 Marks	10
Section – C	Long Answer Type Question (Two questions to be set from each unit and one from each unit to be attempted)	5x5 =25 Marks	25
Total		40 Marks	40

Board of Studies : I. Chairman-.....

II-Subject Expert -

1. .... 2. ....  
3. .... 4. ....

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Session 2019-2020

Class/कक्षा	: M.Sc. (H.Sc.)
Semester/सेमेस्टर	: IV
Subject/विषय	: Human Development
Title of Subject Group	: Persons with Special Needs - II
विषय समूह का शीर्षक	:
Paper No./ प्रश्नपत्र क्रमांक	: II
Compulsory/अनिवार्य या Optional / वैकल्पिक	: Optional (A)
Max. Marks अधिकतम अंक	:

Particulars/विवरण

Unit - 1	Mental retardation – (i) Meaning & concept of mental retardation. (ii) Identification & classification of mental retardation. (iii) Causes & adjustment problems.
Unit - 2	Learning disability – (i) Meaning & concept of learning disability. (ii) Characteristics & causes of learning disability. (iii) Identification of learning disability. (iv) Educational provisions.
Unit - 3	Gifted Children – (i) Meaning and concept of gifted children. (ii) Identification & characteristics of gifted children (iii) Educational provisions
Unit - 4	(i) Physical & social barriers in the development of persons with disabilities. (ii) Modification physical & social environment, enabling participation of persons with disabilities as a contributing member of society. (iv) Use of assistive devices.
Unit - 5	(i) Persons with disability Act (PWD Act) (ii) Vocational & occupational Rehabilitation provisions. (iii) Integrated / inclusive Education concept & provisions.

Practical :

M. M.-50

- Review and critique of portrayal of persons with disabilities in the media.
- Use of tools and approaches to assessment.
- Cases study of two persons with disability-a child and an adult.
- Case study of an organisation with particular reference to its physical and social environment.
- Visit to rehabilitation centre.
- Collection of Pictures & Brochures of Assistive devices.

A. Malik  
D. Malik  
D. Malik

**Suggested Readings :**

1. Baquer, A. (1994). Disabled, Disablement, Disablism, New Delhi : Voluntary Health Association of India.
2. Council for advancement of people's action and rural technology (CAPARD (1996) Disability : A Strategy to promote the participation people with disabilities in programmes for rural development, New Delhi, CAPART.
3. Kanga, E. (1990). Heaven on which. New Delhi : Penguin Books. A. Kar. Chintamani (1992) Exceptional children their Psychology & Education. New Delhi : Sterling Publisher Pvt. Ltd.
4. Kar. Chintamani (1992) Exceptional children their Psychology & Education New Delhi : Sterline Publisher Pvt. LIO.
5. Narasimhan, M. C. & Mukherjee, AK. (1986), Disability a continuing challenge New Delhi : Wiley Eastern Limited.
6. K Oliver. M. (1996), Understanding Disability. From theory to practice. London Macmillan Press
7. P. Immanuel, Koenig & S. Tesni (Eds. ), Listening to sounds and signs : Trends in deaf education and communication (pp. -1-4) Bangalore, India Chridioffel 0 Blinden mission & Books for Change.
8. Pandey. R. S., & Advani, L. (1996), Perspectives in disability and rehabilitation New Delhi : Vikas Publishing House Private Limited.

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Total		40 Marks	40

Board of Studies : I. Chairman-..... A. Mahesh .....

II-Subject Expert -

- |                                   |         |
|-----------------------------------|---------|
| 1. .... <u>D. S. Shinde</u> ..... | 2. .... |
| 3. .... <u>D. S. Shinde</u> ..... | 4. .... |



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Session 2019-2020

Class/कक्षा : **M.Sc. (H.Sc.)**  
Semester/सेमेस्टर : **IV**  
Subject/विषय : **Human Development**  
Title of Subject Group : **Principles of Guidance and Counselling – II**  
विषय समूह का शीर्षक :  
Paper No./ प्रश्नपत्र क्रमांक : **III**  
Compulsory/अनिवार्य या Optional / वैकल्पिक : **Compulsory**  
Max. Marks अधिकतम अंक : **50**

Particulars/विवरण

Unit - 1	Special areas of Counselling <ul style="list-style-type: none"><li>• Counselling for adolescents</li><li>• Old age counselling</li><li>• Counselling for Alcohol and drug abusers</li></ul>
Unit - 2	Counselling for children of special categories <ul style="list-style-type: none"><li>• Child with behaviour problem.</li><li>• Maladjusted child</li><li>• Delinquent child</li></ul>
Unit - 3	<ul style="list-style-type: none"><li>• Placement Service</li><li>• Need of placement service</li><li>• Vocational placement service</li><li>• Educational placement service</li></ul>
Unit - 4	Follow-up service <ul style="list-style-type: none"><li>• Aims of follow-up service</li><li>• Types of Follow-up services</li><li>• Methods of Follow-up services</li></ul>
Unit - 5	Marital counselling <ul style="list-style-type: none"><li>• Pre marital</li><li>• Post marital</li><li>• Family</li></ul>

A. Maheshwari  
D. Singh  
D. Singh 39

Practical :

1. Counselling session for old age person with problems.
2. Counselling session for problem child and his parents.
3. Visit the addiction centre and present a report.

Suggested Readings :

परामर्श एवं निर्देशन – डॉ. शशि चितौड़ा

परामर्श एवं निर्देशन – रामपाल सिंह वर्मा

परामर्श एवं निर्देशन – डॉ. आर.ए. शर्मा, डॉ. शिखा चतुर्वेदी

परामर्श एवं निर्देशन – अमरनाथ राय मधु अस्थाना

परामर्श मनोविज्ञान एम.एन. दुबे, डॉ. आर. शर्मा, शैक्षिक एवं व्यावसायिक निर्देशन तथा परामर्श – शिखा चतुर्वेदी

परामर्श एवं निर्देशन – विपिन आस्थाना

Guidance and Counseling – Narayan Rao

The scheme of examination and the allotment of marks shall be as under

Sections / Part	Questions Type	Marks Distribution	Remark
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Board of Studies : I. Chairman-.....

II-Subject Expert -

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Session 2019-2020

Class/कक्षा	: M.Sc.
Semester/सेमेस्टर	: IV
Subject/विषय	: Human Development
Title of Subject Group	: Mental Health and Psychopathology-II
विषय समूह का शीर्षक	:
Paper No./प्रश्नपत्र क्रमांक	: IV
Compulsory/अनिवार्य या Optional / वैकल्पिक अनिवार्य	: Optional (A)
Max. Marks अधिकतम अंक	:

Particulars/विवरण

Unit-1	Concept of normality and abnormality causes of abnormal behaviour: biological causes, psychosocial causes.
Unit – 2	Anxiety disorders: Panic disorder, Phobia. Obsessive-compulsive disorder. Generalized anxiety disorders.
Unit – 3	Schizophrenia: Delusional disorder. Mood disorders: Manic episode, Depressive episode, Bipolar affective disorder.
Unit-4	Somatoform disorder. Hypochondrias is. Body dysmorphic disorder. Conversion disorder and dissociative disorder.
Unit-5	Perspectives on prevention: Primary prevention, secondary prevention, tertiary prevention.

Suggested Readings :

1.	Adams H. E. and Sukar, F. G. (E. D.) 1984 Comprehensive Handbook of Psychopathology. New york: plenum press.
2.	Buss, A. H. (1986) Psychopathology, London: Wiley.

A. Maheshwari



